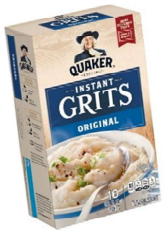
Social Ministry Outreach for November

For I was hungry ... thirsty ... a stranger ... needed clothes ... sick ... in prison
AND YOU LOVED AND HELPED ME (adapted from Matt. 25)

We will be supporting the local ALMS HOUSE with items for Thanksgiving Meals

The Following Food Items Are Always Needed for Baskets Given to Families





Instant Grits	Jelly
Instant Oatmeal	Spaghetti - Sauce
Cereal	Tuna
Pork 'n Beans	Soups
Chili with Beans	Instant Potatoes
Canned Vegetables	Flour
Canned Fruit	Sugar
Peanut Butter	Canned Ham







ADDITIONAL ITEMS





Laundry Pods
Dish Detergent
Dried Beans
Rice
Mac 'n' Cheese
Deodorant (Women and Men)
Toothpaste and Toothbrushes (Adult and Child)
Sanitary Napkins and Tampons
Toilet Paper



